

VERTICAL CHEST PRESS

JPC-102

◆ Comfortable seat rack in pinion arrangement from the beginning position. Multiple position hand grips for various range and the weight stack caters to a larger client base. The Jerai Fitness Vertical Chest Press provides a maximum weight of up to 220 lbs.

◆ **DIMENSION:**
Length : 78 inches / 198 cms
Width : 48 inches / 122 cms
Height : 72 inches / 183 cms
Weight Stack : 220lbs / 100kg

◆ **MUSCLE WORKED:**
Pectoralis Major
Anterior Deltoids
Triceps Brachii

